

Life Stages



18

30

40

55

Learning

Building

Focusing

Investing

Critical Question:
Who am I?

Critical Question:
Where is my place?

Critical Question:
Why am I here?

Critical Question:
How do I finish well & leave an enduring legacy?

Characteristics:

High activity
Broad learning
Hopeful / Anxious
Searching / Verifying
Accomplishing
Gathering
Self-oriented
Survival

Characteristics:

Intense schedule
Narrow learning
Tyranny of the urgent
Driven by expectations
Achieving, Making it
Improving
Work-oriented
Success

Characteristics:

Changing schedule
Targeted learning
Uncertain / Weary
Second thoughts
Contributing > Influencing
Mastering
Purpose-oriented
Significance

Characteristics:

Focused/looser schedule
Selected learning
Anxious
Accepting my role
Influencing > Contributing
Converging
Others-oriented
Security

Dangers:

Bad life decisions
Not knowing self
Pressure to “figure it out”

Dangers:

No life structures
Doing overrides Being
Incongruency stress

Dangers:

Dabbling
Plateauing
Work dominated
No life rhythms

Dangers:

Stop learning & growing
Lack of purpose
Work dominated
Not finishing well

..... **Developing Potential** **Developing Purpose** —————>

Desires: **Awaken** **Deepen** **Fulfilled** —————>

Gains outnumber losses ----- (jobs, spouse, kids, health, possessions) ----- **Losses outnumber gains**

Keys to Succeeding:

Exposure / Experience
Understanding self
Faithfulness
Mentors
Feedback / Adjustment
Respond – Learn – Grow

Keys to Succeeding:

Developing life structures
Applying self
Stewardship
Mentors / Peers
Feedback / Adjustment
Respond – Learn – Grow

Keys to Succeeding:

Clarifying purpose
Focusing self
Stewardship
Mentors / Peers
Feedback / Adjustment
Respond – Learn – Grow

Keys to Succeeding:

Making final years count
Investing self – Legacy
Generosity
Peers / Mentorees
Feedback / Adjustment
Respond – Learn – Grow