

5. Finding your significance in work (even the Lord's work) is meaningless
(*Ecc 2:4-5, 10-11, 17-26*)
6. Jesus provides rest for his people (*Ps 62:5-8, Is 30:15, Mt 11:28-30*)

Examples:

1. Participate in activities and interests outside of ministry (*1 Kgs 4:33-34, Mt 9:9-13, Lk 2:52, Jn 2:1-11, 11:1-44*)
2. Honor your parents (*Ruth 1:16-18, 1 Kgs 19:19-21, Mk 7:9-13*)
3. Love God and follow him over your family, since God is your true father
(*Lk 2:43-50*)
4. Care for and protect your family (*1 Ch 16:43, Acts 16:31-34, Heb 11:7*)
5. Do things as a family (*Num 2:2, 34, Deut 15:19-20*)
6. Don't be overly cautious or judgmental about working on the Sabbath (*Mt 12:1-12, Mk 2:23-3:4, Lk 6:1-9, 13:10-16, 14:1-6, Jn 5:1-18, 9:1-34*)

Get time alone w/ God to be spiritually renewed (*Mk 1:35*)