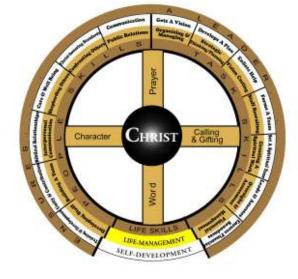
## **Leadership University**

Life Skills - Life Management

**Life Management Bible Study** Steve Rugg April/May 1999



## Principles:

- 1. It is important to take a day of rest (Sabbath) each week for many reasons:
  - a. God did it and commanded us to do it (*Gen 2:2-3, Ex 20:8-11, 31:12-17, Deut 5:12-15*). We should rest even during the busiest times (*Ex 34:21*)
  - b. It keeps us trusting in God and not in our own work (Lev 25:18-22)
  - c. We need rest (Deut 5:14)
  - d. The people around us need the rest (Ex 23:12, Deut 5:14)
  - e. The land needs a rest (*Lev 25:2-6, 26:34-35, 2 Ch 36:20-21*)
  - f. So that we can get to know God better (Ex 31:13, Deut 5:15)
  - g. There are penalties for not obeying the Sabbath (Ex 31:14-15)
  - h. There are blessings if we do observe the Sabbath (*Isa 58:13-14*)
- 2. The families of leaders should be honored and cared for.
  - a. Spiritually develop your children (*Tit 1:6*)
  - b. Manage the household well (*Prov 31:10-31, 2 Cor 12:14, 1 Tim 3:4-5, 12*)
  - c. Bringing hardship on your family will leave you with no inheritance (*Prov 11:29*)
  - d. A greedy man brings hardship to his family (*Prov 15:27*)
  - e. Managing your family and possessions well will bring blessings (*Prov 27:23-27*)
  - f. Care for elderly family members in need (1 Tim 5:4-8, 16)
  - g. Honor your parents (Ex 20:12, 21:15-17, Lev 19:3)
  - h. Obey your parents (Eph 6:1, Col 3:20)
- 3. Be willing to make priority calls between work and family needs (*Deut 20:5-7, 24:5 Mk 10:29-30*, *Lk 18:29-30*)
- 4. Family should not be overly prioritized God's call should come first.
  - a. Those that put God's Word into practice are our true family (*Lk* 8:19-21)
  - b. Family can distract us from the Lord's work (Lk 9:61-62, 1 Cor 7:28, 32-35)
  - c. Those that leave family for the Lord will receive great blessings (Mt 19:29)
  - d. The Lord loves us more than our family does, and we should do the same to Him in return (*Ps 27:10, Mt 10:37, Lk 14:26*)
  - e. Jesus knew that His message would divide families, so don't be surprised by this (*Mt 10:21*, *Lk 12:51-53*)

- 5. Finding your significance in work (even the Lord's work) is meaningless (*Ecc 2:4-5, 10-11, 17-26*)
- 6. Jesus provides rest for his people (*Ps 62:5-8, Is 30:15, Mt 11:28-30*)

## Examples:

- 1. Participate in activities and interests outside of ministry (1 Kgs 4:33-34, Mt 9:9-13, Lk 2:52, Jn 2:1-11, 11:1-44)
- 2. Honor your parents (*Ruth 1:16-18, 1 Kgs 19:19-21, Mk 7:9-13*)
- 3. Love God and follow him over your family, since God is your true father (*Lk 2:43-50*)
- 4. Care for and protect your family (1 Ch 16:43, Acts 16:31-34, Heb 11:7)
- 5. Do things as a family (Num 2:2, 34, Deut 15:19-20)
- 6. Don't be overly cautious or judgmental about working on the Sabbath (*Mt 12:1-12*, *Mk 2:23-3:4*, *Lk 6:1-9*, *13:10-16*, *14:1-6*, *Jn 5:1-18*, *9:1-34*)

Get time alone w/ God to be spiritually renewed (Mk 1:35)